



SPIRIT ROUNDHOUSE REPORT



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www.spirit-tkd.com

JUNE 2009

Upcoming Events

1st – Start Summer Schedule

Pick up your copy from the office

6th – Black Belt Graduation @ 2 pm

In the Amphitheatre in Hawerlak Park

Congratulations to our new

1st Pooms

Dezirea Cowan – Jacob Dmytrowich –
Alex Hoang – Sebastien Roberge

1st Dans

Jenny Hui – Clarence Inglesias – Paul
Pandur

2nd Pooms

Lucas Hauk – Nathaniel Schmidt

26th – Promotion Test @ 6 pm – Gym opens at 5:30 for practice

Forms and Payment must be in by
Thursday June 25th



Summer Camps

No need to worry about what your kids is going to do or where they'll be during summer break, they can be with us at the gym learning and playing! You must be 6 years old and up to attend Camps.

We will have 2 Activity Camps in July! This year we are going to do something a little more exciting for our camps. Everyday will be a new adventure at camp.

ACTIVITIES INCLUDE

**GOING TO THE MOVIES, SWIMMING,
BOWLING, and 2 MORE SURPRISE
TRIPS!**

**Camp cost is only \$195 person per week.
A \$50 non-refundable deposit will ensure a
spot for the camp.**

Space is limited and we would like to keep registration to our members, therefore we will only be accepting registration from Spirit members only until June 15th, if we have not sold out then will be opening up registration to outside members.

Camp Dates are...

July 6th – 10th and July 20th – 24th

**Each camp will run from 8:30 am to 4:30
pm**

**(Note: Each Camp must have minimum 15
campers to proceed)**

**Master Le and Instructors Bill and
Steven will lead camps**

T-Shirts

Spirit Taekwondo shirts are available! Still only \$20 each!

Remember only this and last year's shirts are allowed to be worn instead of uniforms in class.

S.T.A.R. NEWS

S.T.A.R. would like to thank all the parents and members for their outstanding efforts with the Chocolate sales.

The AGM will be held on September 22, 2009.



"What did I tell you about practicing on the cat?"

The Meaning of the Taekwondo Belt Colours

White

- Signifies innocence, as that of a beginning student who has no previous knowledge of Taekwondo.

Yellow

- Signifies the Earth from which a plant sprouts and takes root as the Taekwondo foundation is being laid.

Green

- Signifies the plant's growth as the Taekwondo skill begins to develop.

Blue

- Signifies the Heaven, towards which the plant matures into a towering tree as training in Taekwondo progresses.

Red

- Signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

Black

- Opposite of White, therefore signifying the maturity and proficiency in Taekwondo. It also indicates the wearer's imperviousness to darkness and fear.